

## Etapa 1, Targu Secuiesc

Data: 17 April 2026 - 18 April 2026

Iame Series Romania

## Program

Friday, 17 April 2026			Sfarsit zi: 14:45
Interval	Activitate	Categorie	Laps/Time
<b>Sesiunea 1</b>			
09:00 - 09:10	Antrenament liber	X30 Senior + X30 Junior	10 min
09:15 - 09:25		X30 Waterswift Baby	10 min
09:30 - 09:40		X30 Waterswift	10 min
<b>Sesiunea 2</b>			
10:00 - 10:10	Antrenament liber	X30 Senior + X30 Junior	10 min
10:15 - 10:25		X30 Waterswift Baby	10 min
10:30 - 10:40		X30 Waterswift	10 min
<b>Sesiunea 3</b>			
11:00 - 11:10	Antrenament liber	X30 Senior + X30 Junior	10 min
11:15 - 11:25		X30 Waterswift Baby	10 min
11:30 - 11:40		X30 Waterswift	10 min
11:40 - 12:40	Pauza de pranz	-	60 min
<b>Sesiunea 4</b>			
12:40 - 12:55	Antrenament liber	X30 Senior + X30 Junior	15 min
13:00 - 13:15		X30 Waterswift Baby	15 min
13:20 - 13:35		X30 Waterswift	15 min
<b>Sesiunea 5</b>			
14:00 - 14:15	Antrenament liber	X30 Senior + X30 Junior	15 min
14:15 - 14:30		X30 Waterswift Baby	15 min
14:30 - 14:45		X30 Waterswift	15 min
<b>15:00 - 17:00</b>	<b>Verificari Administrative- Distribuie Transpondere</b>	-	120 min

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Saturday, 18 April 2026			Sfarsit zi: 15:45
Interval	Activitate	Categorie	Laps/Time
08:30 - 09:00	BRIEFING, ABSENTA SE SANCTIONEAZA CU AMENDA	-	30 min
08:30 - 09:00	Distributie Motoare	-	30 min
08:30 - 10:00	Verificari Tehnice	-	90 min
<b>Antrenament oficial (transponder obligatoriu)</b>			
09:00 - 09:10	-	X30 Senior + X30 Junior	10 min
09:15 - 09:25	-	X30 Waterswift Baby	10 min
09:30 - 09:40	-	X30 Waterswift	10 min
<b>Antrenament Calificativ (CRONO)</b>			
10:00 - 10:06	-	X30 Senior + X30 Junior	6 min
10:10 - 10:16	-	X30 Waterswift Baby	6 min
10:20 - 10:26	-	X30 Waterswift	6 min
<b>Mansa Calificativa 1</b>			
11:00 - 11:12	-	X30 Senior + X30 Junior	8 ture
11:17 - 11:25	-	X30 Waterswift Baby	4 ture
11:30 - 11:38	-	X30 Waterswift	5 ture
11:38 - 12:18	Pauza	-	40 min
<b>Mansa Calificativa 2</b>			
12:18 - 12:30	-	X30 Senior + X30 Junior	8 ture
12:35 - 12:43	-	X30 Waterswift Baby	4 ture
12:48 - 12:56	-	X30 Waterswift	5 ture
<b>Finala</b>			
13:16 - 13:31	-	X30 Senior + X30 Junior	11 ture
13:36 - 13:48	-	X30 Waterswift Baby	7 ture
13:53 - 14:06	-	X30 Waterswift	9 ture
15:15 - 15:45	Festivitate de premiere	-	30 min